**2012 Mountain Duals**

7th Annual Mountain Duals

***This year’s event will be hosted by Rome Free Academy in Rome, New York***

**When**: Friday and Saturday December 28th and 29th, 2012

**Where**: Rome Free Academy High School, 95 Dart Circle, Rome, NY 13441

**Times**: Weigh Ins- 7:00 am - 8:30 am each day

1. Coaches Meeting 8:30 am-8:50 am each day
2. Wrestling begins at 9:00 am and continues to completion each day

**Cost**: $425.00 per team

***You must forward school voucher or Purchase order number prior to tournament date. You may send same to:***

Rome Free Academy, C/O Jack Popper, Head Wrestling Coach

95 Dart Circle, Rome, New York 13441

**Format**: Dual Meet Round Robin

This year’s format will include 20 teams in two pools. Each team will wrestle 10 dual meets over the two days. 9 Duals will be wrestled against all teams in your pool. Each team will have a crossover match against an opponent from the other pool on day two in the placement round. Placement will be based on overall records and tie breaking criteria if needed.

***Please confirm receipt of this email and that your team is participating in this year’s Mountain Duals* *with Joe Galligan. Also forward your schools mailing address so I can forward a hard copy of this info sheet. Please feel free to call or email with any questions.***

Joe Galligan

Head Wrestling Coach Adirondack Central

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