

J ROBINSON INTENSIVE WRESTLING CAMPS

THE #1 INTENSIVE WRESTLING CAMP SINCE 1978



NEW FOR 2012
10-DAY INTENSIVE WRESTLING CAMP
FOR NEW YORK RESIDENTS ONLY



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J Robinson
2012
National
Coach of the Year

What makes J Rob the Best Camp?

- J Rob Camps focus on the four key areas of wrestling development
Strength • Endurance • Technique • Mental Attitude

We Build Tough Wrestlers

- Proven training to build mental and physical strength
- Hard daily, live wrestling coupled with running and strength training

34 Years of Building Champions

- The Original and #1 Intensive Camp
- Learn by doing

What is the Legendary "I Did It" Shirt

- Since 1978 over 30,000 wrestlers have earned the right to wear the "I Did It" shirt
- Wrestlers earn the "I Did It" shirt by accumulating the required number of points to graduate under the precise J Rob guidelines



*J Robinson Intensive Camps are proud to partner with
Beat the Streets Wrestling New York for the inaugural 10-Day Intensive Camp*

10-DAY NEW YORK (NY Residents only)

Aug 09 - Aug 18

Sullivan County Community College - Loch Sheldrake, NY

WWW.JROBINSONCAMPS.COM