



WEST POINT® WRESTLING CLUB

Practice every Monday & Wednesday night Until May 15Th
at Arvin Gym, West Point, NY

Grades K – 8: 6:30 - 7:30pm & Grades 7 – 12: 7:15 - 8:30pm

Come train with an elite Division I coaching staff right in your 'Back-Yard.' With Coach Heskett's motto of "Build and Believe", set your goals and let us help you make them become a reality! Come train not only with fellow peers, but also Army cadets! Remember, what you do with yourself on the off season, always reflects the upcoming year. Come work out where training is taken Army serious!!!

Featuring:

Joe Heskett- Army Head Coach, NCAA Champion at Iowa State University, 4x All-American, 2007 World Team member

Paul Young-Army Assistant Coach, 3x NCAA Qualifier for Indiana University, Ranked as high as 5th nationally, 2x Indiana

H.S. State Champ **Daniel Mitcheff**- Army Assistant Coach, NCAA All-American at Kent State University, 4th 2011 World Team

Trials, 2016 Olympic Hopeful **Enock Francois**- Army Volunteer Assistant Coach & Head Club Coach, 3x NAIA All-American including a runner-up finish senior year, still competing at the Senior level in hopes for an Olympic berth in 2016

For more information please visit our Facebook page, Twitter page and/or website at
www.westpointwrestlingclub.org

Contact coach Enock Francois at: enockfrancois39@yahoo.com or call at: 561-319-6717

*DISCLAIMER: This organization is a non-Federal entity organized by individual members of the West Point community. We are not endorsed by the United States Military Academy, United States Army, or Department of Defense.