

NYWAY HUDSON VALLEY REGIONAL CHAMPIONSHIPS

When: Saturday, March 8th, 2014. Doors open at 7am. *Snow Date, March 9th, 2014*

Where: PINE BUSH HIGH SCHOOL-118 RT 302 PINE BUSH, NY 12566

Weigh-Ins:

3/7 (D1-D6) 6:00 pm – 8:00 pm at PBHS

3/8 (D4, D5, D6) 7:30- 8:30 am

3/8(D1, D2, D3) 11:30am-12:30 pm

Start Times: Be at gym at least 1 hr early

Session 1 (D4, D5, D6) – 9:30 am

Session 2 (D1, D2, D3) – 1:30 pm

Wrestlers **MUST** weigh-in in a singlet.

Registration: \$25 with a current NYWAY Card- **NO REFUNDS**

- **Online registration only** closes 11:59pm on Wednesday, March 5th, 2014.
- Registration and NYWAY cards available only online at www.nyway.org.

Admission: \$4 for Adults, \$1 for children over the age of 6. 5 and under are FREE.

Divisions & weights:

D1 (2008/2007): 37, 40, 43, 46, 50, 55, 60, 65, 72, 79, HWT (Max 90)

D2 (2006/2005): 43, 47, 51, 55, 60, 65, 70, 75, 82, 90, 98, 108, HWT (Max 120)

D3 (2004/2003): 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 105, 115, 125, HWT (Max 145)

D4 (2002/2001): 60, 65, 70, 75, 80, 85, 90, 98, 105, 113, 121, 130, 140, 155, HWT (Max 175)

D5 (2000/1999): 81, 87, 93, 99, 105, 111, 118, 125, 132, 139, 146, 153, 160, 170, 185, HWT (Max 220)

D6*(1998 - 1995): 91, 99, 107, 113, 119, 126, 133, 139, 145, 152, 162, 172, 184, 198, 220, 288(Max)

*Wrestlers born in 98 must compete in D6 at Regional & State regardless of their grade unless a NYSPHAA State Finalist.

***EXEMPTIONS** - Any wrestler who qualifies for the NYSPHAA State Championships automatically qualifies for NYWAY Championships on March 15th and 16th at Onondaga County Community College - Syracuse, NY.

Rules:

- Pine Bush Central Schools are a smoke free campus.
- Awards. TBD.
- All divisions will be determined by Birth year.
- NYS Modified High School Rules with NYS Certified Referees.
- NFHS overtime rules apply. Headgear is highly encouraged.
- Period lengths - Divisions 1, 2, & 3 (1-1-1) Divisions 4, 5, & 6 (1:30, 1:30, 1:30)
- Top "4" in each weight class qualify for the NYWAY Championships on March 15th and 16th at Onondaga County Community College - Syracuse, NY.
- Welcome to all wrestlers residing within Regional boundaries: Orange, Ulster, Sullivan, Dutchess, Rockland, Putnam and Westchester counties.
- Weight classes with 5 or fewer wrestlers will wrestle in a round robin format
- No weight allowance and must weigh in a singlet.
- If wrestlers do not make the weight they are registered in, they will be moved to the next weight class up, and must compete at the same weight in the NYWAY State Championships.



Tournament Director - Julia Massa jmassa2005@gmail.com
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